

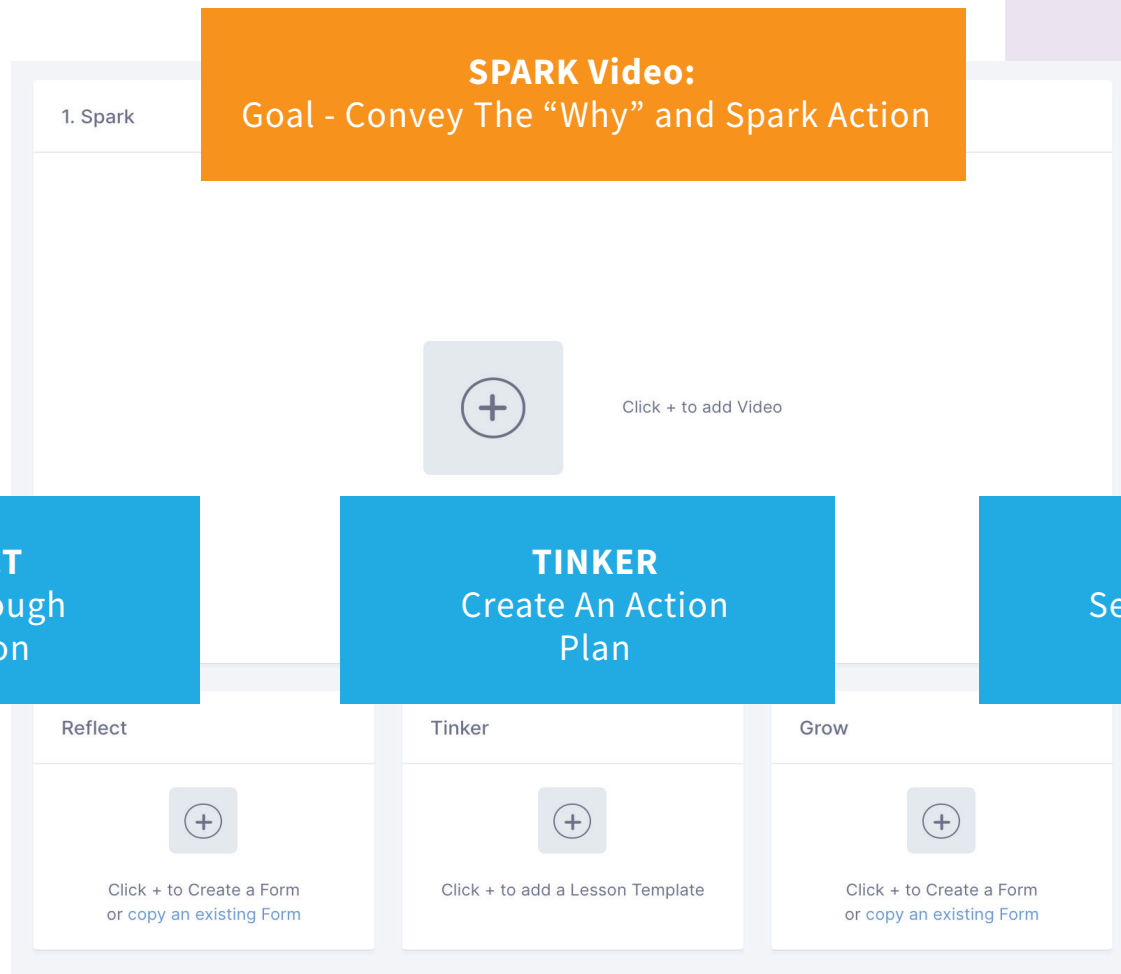
How to Write a LINCspring Cycle

Watch [this video](#) for an overview of the cycle writing process.
Then use this guide and our [Cycle Planning Template](#) to get
started creating in LINCspring!



CREATING
A CYCLE
IS EASY!





Other Resources:
Deepen Learning Through Resources

Key Concepts:
Define Important Ideas

Key Standards:
Align To Industry Standards

Use this guide and our [Cycle Planning Template](#) to get started creating in LINCspring! [Guide to Cycle Set Up](#)



How to Make Your Spark Video

Win: Learners understand “why” a strategy is important from a personal perspective. They have an increased awareness and are excited to take action.

Here's a Sample

3 easy ways to make a video:

#1: Simply Smile & Speak to the Camera

Use a tool like QuickTime or Photo Booth to record a simple video of you explaining the why and prompting action.

#2: Make a Screencast

Use a tool like Screencastify or QuickTime to record your screen and your voice at the same time.

#3: Record Your Voice & Add Graphics

Use a tool like Voice Memo on your phone or QuickTime on a computer to record your voice. Then use a tool like iMovie to add the voice to pictures or graphics.

Tips:

- Save the video for last in the cycle creation process.
- This content should be your original content or content you have permission to use.
- Keep it short, 2-4 minutes max.
- Start with a story from your experience.
- Focus on WHY something is important, not the “what” first.
- Share briefly any key ideas or “the what” but remember you can do more of this in other areas of the cycle.
- Write a script to make recording easier.
[Here's a sample script.](#)



REFLECT

Win: Learners have engaged in reflection as learning. They've answered some thoughtful questions as they have explored new frameworks or information.

Here's a Sample

Tips:

- Insert video or images which may prompt reflection.
- Ask questions that start with phrases like:
 - To what extent do you see...
 - What is your current practice...
 - How would you prioritize...
 - In which of the following ways do you already (or want to) do...
- Use a combination of question types for better prompted reflection and coaching data.



TINKER

Win: Learners have made a plan to do action research or try something new in their practice.

Here's a Sample

Tips:

- Use a document so learners can fill out the template.
- Use a table with planning prompts for learners to fill out the empty cells.
- Link helpful samples of completed templates or other resources.
- Keep it simple.



Win: Learners have reflected on their action plan and set goals for continued growth.

Here's a Sample

Tips:

- Ask questions such as:
 - How did your action plan reflect (key concepts)?
 - How did it go?
 - What did you observe or learn?
 - How will you build upon your learning?
 - What support do you need to deepen your practice?
- Use media to remind learners of key concepts.
- Ask a variety of question types.

Other Resources

Win: Learners can deepen their learning through external resources.

Tips:

- It is okay to use third party videos or articles here.
- Link helpful articles.
- Link other documents like sample templates and tools.

Key Concepts

As you create your cycle, search the LINCspring database for key terms and definitions to help learners deepen their understanding.

Key Standards

As you create your cycle, search the LINCspring database for standards that align to your cycle objective. Standards include industry leaders such as ISTE, Danielson, CASEL, Highlander, Cognia, and others.